Delta Tunnels Update: savethedelta.org



Bay Area Waterski Club

**Flat Water Times** 

# Message from the Board

by Lynette Wong, 2021 Newsletter Editor/Board Member

Communicating with Clarity!

**"In gear, neutral, hit it"** are verbal signals that all of us watersports enthusiasts use to effectively communicate with the boat driver. Clearly, we wouldn't be able to do our watersports without it!

In daily living, **communication has a variety of uses** whether it's for personal or professional use. And don't forget that animals also communicate amongst themselves as well as with their masters!

What is communication? It's a way to **send**, **receive and share** information/ messages through verbal or nonverbal means. As part of the communication process, both sender and receiver decode the message, interpret it, and respond accordingly.

Learning how to develop good communication skills is necessary for building/ maintaining relationships and trust, managing conflicts, preventing, and solving issues, providing clarity and direction, increasing engagement and collaboration, and improving productivity.

Communicating effectively is an art and it's important to figure out which one is appropriate and optimal for your audience. At times, a combination of different



styles may work best. The four main categories of communication are verbal, non-verbal, visual, and written.

When using **verbal communication**, remember to speak confidently and avoid using filler words. **Active listening** is also of utmost

importance which helps to boost successful communication.

Verbal communication usually includes **nonverbal cues** such as *body language, eye contact, facial expressions, and posture.* Tone of voice, volume,

intonation, and tempo coupled with personal space and physical appearance lend themselves to nonverbal communication which can either contradict or amplify

### September 2021

Contents

2021 Officers / Directors

P. 3

Casa Copperopolis H20Sports Weekend

P. 4 – 5

8/14 H20 Sports Day P. 6 – 7

#### Tidbits

	Page	es
Ski/Wellness Tips	8 -	- 9
Website Changes		10
<b>Boater Card License</b>	# 1	11
Safety		12
Club on FaceBook		13
Ads/B'days	P. 1	14
Calendar	<b>P.</b> 1	15
On-line Application		

P. 16 – 18



Check out the Events on Page 15

# Message from the Board (con't)

By Lynette Wong, 2021 BAWSC Newsletter Editor/Board Member

#### verbal communication.

While some individuals learn best through verbal communication, others like yours truly prefer **visual** communication. Seeing something demonstrated can be more easily understood and embedded in one's memory which facilities executing a technique whether it's for watersports or other forms of exercise like weightlifting, yoga poses, qigong or for a sport such as golf, soccer, martial arts, etc.

Like nonverbal communication, written communication can also contain non-verbal characteristics. We all remember the cleaver acronym, KISS - Keep It Simple, Stupid (created by Clarence "Kelly" Johnson, a renowned aeronautical engineer at Lockheed Martin).

To ensure our **writing accurately conveys our message** and the intent of it, be mindful to select and place the words accordingly. *Without clear and effective communication,* misinterpretations can happen leading to confusion and frustration which puts a wedge in what we are trying to achieve. For example, when a skier (wakeboarder/surfer) is waiting for the boat to pull him up, if he can't be clearly heard, the driver may accelerate before he is ready.



Equally important is **tone** which reflects "the *writer's attitude toward the reader and subject of the message. . . it does affect how the reader will perceive the message.*" Sounding too abrupt, curt, or demanding can easily offend the receiver. So, write your message in a friendly, conversational style. If you're *asking for help with something, be considerate of the receiver's time.* And it goes without saying to include 'please' and 'thank you' while also sounding positive!

#### Which sounds more pleasant?

I am leading a retreat and I could use your assistance in writing the copy. I'll send you the draft after I edit it.

*I know you're quite busy. Would it be possible to get your help to write an announcement about the retreat? I'll send you the draft to get your thoughts. Thank you for your help.* 

Another instance is when you're following up on information in an email and it appears the receiver didn't read it/see it. Instead of saying, "Didn't you see my earlier email?" which comes across quite brash and combative. Try wording your reply with, "I'm thinking that you may not have received/seen my initial message, is that right?" then proceed to politely clarify what it is you're asking/proposing.

Keep in mind that we don't know what is going on in the receiver's world, perhaps he's *dealing with a lot of challenges* . . . perhaps *there was an emergency* – all of which competes for space and priority in the receiver's mind. Showing compassion and understanding can mean the difference in the receiver responding with positivity or barking back at you, heightening anger, frustration, anxiety and a level of discomfort and resentment!

With dedication, practice, and mindfulness, mastering good, effective communication can be achieved, resulting in positive, healthy and gratifying outcomes.



Lynette Wong 2021 BAWSC Newsletter Editor/Board Member

# 2021 Officers and Directors



## **Elected Officers**



Chris Feduniw August President Webmaster

## **Board Members**



Larry Ligon Vice President



Darcy Murray Treasurer



Dawn Ko Secretary



Gwen Cauthren Membership Chair



Lynette Wong Newsletter Editor



Tracy Fallon



**Mark Frazier** 



Karl Smith



Susan Schmidt



Jerry Baxter

## Special Committees:

Flat Water Times Editor:

Webmaster:

Lynette Wong Chris Feduniw



**Eric Johnson** 

# Upcoming Events

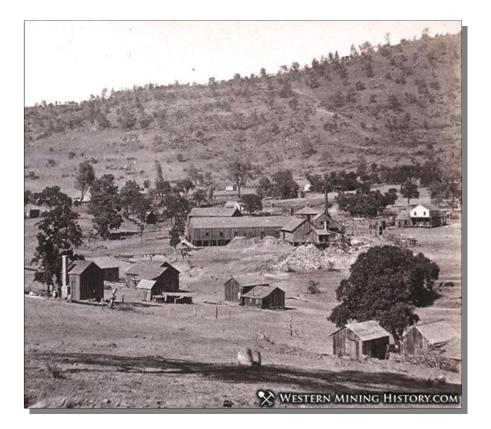
Watersports Weekend - Keeping it in mind for next year!

By Jerry Baxter, 2021 Board Member

**September** is my favorite month of the year. Crowds are smaller as the kids go back to school. Parents are getting into the routine of fall sports for the kids. And an Indian summer is around the corner and with cooler mornings. The east coast is not the only place for fall colors - **California foothills** come alive with color in late September and early October.

Copperopolis, California is as the name implies, *a copper mining town*. It's history dates to the Civil War through World War II were copper was mined for munitions. No mining is being done now due to the cost, but some of the mining structures remain. In 1958, the Oakdale and San Joaquin Irrigation District constructed the Lake Tulloch Dam. Lake Tulloch (Copperopolis) has since become summer destination for those are looking for a water getaway.

With close proximity to Lake Tulloch (5 Minutes away), Lake Don Pedro (25 Minutes away) and New Melones Lake (25 Minutes away), Casa Copperopolis is an ideal location for watersports enthusiasts!



What better time to escape the hustle and bustle of the Bay Area and venture into the foothills? Come and relax with follow Bay Area Water Ski Club members (members-only event) at Casa Copperopolis in Copperopolis California on September 24 thru September 26, 2021.

# Upcoming Events

Watersports Weekend! (con't)

By Jerry Baxter, 2021 Board Member

On Friday we plan to ski in the afternoon and relax that evening playing Bocce Ball with a potluck to finish off the day. Get ready to do some hiking through the woods or ski on Saturday afternoon. To round out this fun-filled weekend, we will spend a full day on Sunday on Lake Don Pedro. There are no hard plans "set in stone" so if your heart desires, you can unleash your inner exploration skills. The area offers a wide array of spots to check out and wine tasting is abundant.



The view from Jerry's Deck

#### For more details, go to https://www.bawsc.org/event-3688461

**Note:** This event is Covid-vaccination required with *a limited number of people*. Most eating will be outdoors to reduce contact. The house boasts more than 1,700 square feet of deck, so lots of room. **Star gazing** at night is phenomenal!

## Past Events

### Watersports Day!

By Lynette Wong, 2021 Newsletter Editor

The sweltering heat revealed itself once again as the BAWSC event on Saturday, August 14 went off without a hitch. Twelve exuberant members made their way to Orwood Marina Resort to happily reconnect with one another and to 'showcase' their watersports skills in upper 90-degree temps.



Sue, "Now, I'm having fun!"

[Side note: Temporarily gone are the days when the boat crews met up at Orwood restaurant, grab a bite to eat, and engage in lively face-to-face conversations. Hoping to return to those good 'ol days soon where we didn't have to mask up and worry about catching COVID-19!]



All three **boat captains**, Pam and Keith Epstein, Rick Ohlrich and Larry Ligon departed to various sloughs, Holland Marina, Railroad, Victoria and managed to find calm waters for their morning runs. **Participants** included Joanne Nocce, Tracy Fallon, Marji McGinnes, Sue Treleaven and long-time boyfriend, Lou De Propris, Mary Wood and Mary McNally along with yours truly!

To *ensure safety amongst the continuing surge of the Delta variant*, each boat crew found a place on the water to break for lunch and catch up with one another.



Lou, "Look, one-handed grip"

As predictable Mother Nature would have it, the afternoon winds kicked up with such velocity that some of us had to 'hang it up' by 3 pm.

Others found good water and calmer conditions and then headed back to Orwood to help clean up the boats.

Overall, we had a fantastic day, enjoying what we love to do!

Lynette, "Woo hoo, I'm riding the tide!"

## Past Events

Watersports Day! (con't) By Lynette Wong, 2021 Newsletter Editor



Larry Ligon's Lady Crew: Mary Wood, Joanne Nocce, Tracy Fallon

I would like to thank my co-chair Tracy Fallon for teaming up with me on this event and also sending a heartfelt thanks to Pam and Keith Epstein, Rick Ohlrich and Larry Ligon for volunteering to bring their boats. As we all know, our boat owners help to make our events successful and fun!



Lou, have a seat.



How low can Lynette go?

Ski Tips: Online Coaching Videos Brought to you by Chris Feduniw, 2021 BAWSC Webmaster/Board Member

Hey Skiers,

## As a reminder, we have a *members-only forum with links to skier tips* and training videos.

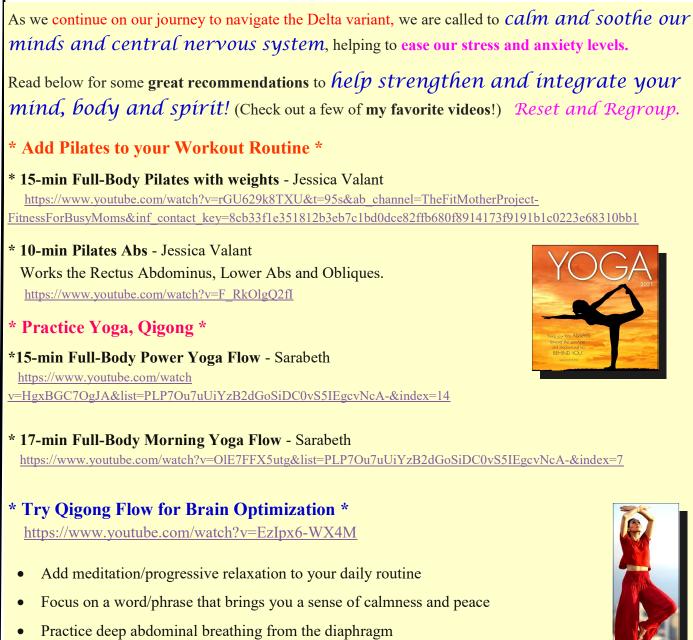
*Check out:* https://www.bawsc.org/water-sport-resources which can help you improve your skiing and also provide you with opportunities to get in-person and video coaching. You also get to see how the pros execute great form!



*Please add content to the forum* if you have found resources that have helped you improve your watersport of choice e.g. water skiing/wakeboard/wakesurfing, etc.

Wellness Tips

By Lynette Wong, 2021 Flat Water Times Editor/Board Member



- If you're spiritual, begin praying
- Visualize yourself in a beautiful, peaceful place
- Think of someone or something that makes you chuckle! Experience that deep belly laugh. •
- Get out in nature
- Play with your animal. Spend time with your children
- Do something fun such as starting a hobby or getting back into it!
- Exercise



### Exciting Changes to the Website

By Chris Feduniw, 2021 BAWSC Webmaster/Board Member

Over the past several months our website vendor Personify Wild Apricot

has introduced **several new functions and features** that the Bay Area Waterski club (BAWSC) has decided to take advantage of and we have

Waterski club (BAWSC) has decided to take advantage of and we have recently redesigned and upgraded the clubs website <u>www.bawsc.org</u> to a new look and feel so please check it out.

Personify

### Key Changes that have been made:



**Entire Site** is now mobile friendly meaning you can now easily fill out forms and read content on any device as it will scale automatically

• Note: On cell your phone, the menus are under the hamburger bars on the left and you log-in by clicking the right icon on top of the page

**Clicking the "Add to my calendar" button** on a cell phone and then clicking on the .ics file link pop-up will allow you to easily add the event to your personal calendar on your phone.

Menu Bar has moved to the top of the page and content has been consolidated under fewer menu items and sorted in alphabetical order making it easer to find things

Menu Bars and Sub-menu's/Content changes when you log into the site e.g. member-only content menu bars and content show up once you log into the system. board members see more than members and members see more than non-members. However, everything is all under the same top menu bar e.g. all documents are under documents the list just increases what you see based on your log-in credentials

All Main pages and Sub-pages have a friendly URL e.g. bawsc.org/calendar or bawsc.org/ newsletter or bawsc.org/documents, etc. so if you want to get to something quickly you can just enter in the full URL

- **Every Page** has a bread crumb trail so you know exactly where in the site you are at and can move up the bread crumb trail to any level you want
- A Site Map <u>https://www.bawsc.org/Site-Map/</u> has been created that list every page and document available on the site that you can directly click the link to reach that page

A Search Bar has been added that will allow you to search for anything in the site to easily find it without having to know what page it is on e.g. enter "reimbursement request" in the search bar and it will immediately return the clubs Reimbursement Request Form

If you discover any issues or have suggestions how the site could further be improved, please provide your feedback at: <u>https://www.bawsc.org/feedback</u> or send an email to <u>bawsc.webmaster@gmail.com</u>

### Tidbits Attention BAWSC Club-Certified Boat Driver

By Chris Feduniw, 2021 BAWSC Webmaster/Board Member



This year the Bay Area Water-Ski Club Board of Directors will require that anyone driving a boat at a club event must not only be a club-certified driver but also have a **California Boater Card License Number** registered with the club in your membership profile or provide proof of age that you are over the current age restriction which is currently >35 for 2020 and > 40 for 2021.

**Information on how to obtain a California Boater Card** including options for how to complete the course are available at: <u>https://californiaboatercard.com/</u>

Several members of the club of attended the Coast Guard Auxillary Course <u>http://www.cgaux.org/</u> <u>boatinged/classes/2011/abs.php</u> found the instructors to be very good and a good use of time as they guarantee you will pass the course and get your card.

Others have taken the **free on-line course offered by BoatUS** <u>http://www.boatus.org/california/</u> that lets you take the course at your own pace through multiple sessions if needed.

Once you have your California Boaters Card, please go the club website and update your membership profile <u>https://www.bawsc.org/Sys/Profile</u> to include your card number. If you are old enough to not require a card, please *send proof of age to our Membership Chair Gwen Cauthren*.

Note: Anyone who does not have a card number on file in the website or has not provided proof of age for an exception by 5/31/2020 will not be able to drive at club events until you have met the criteria.

Safety Comes First! By Debbie DeSousa

## Safety Reminder



- 1. **Skiing:** Never ski without a 3rd. Never!
- 2. **Ski:** Do not leave your ski on the swim platform. This can result in your ski being run over by another



boat. Your ski will get chopped up and you might get a big bill for the other boat.



3. Vest: As of 2001 anyone being pulled by a boat must wear Coast Guard-approved flotation devise. *Check the print on the inside of your ski vest* to see if your vest is approved.

*Failure to wear a proper vest* can result in the boat owner being fined by the Coast Guard.



4. Ski Rope: Remember to use a shock tube (goes over your rope). This tube will *prevent a rope from snapping back (like a rubber band)* and hitting the boat driver or passenger in the head. *A ski handle can knock your teeth out, wrap around your neck or worse!*

Always be safe!

THINK SAFE ACT SAFE BE SAFE

## How to Use our BAWSC Page on Facebook



By Debbie DeSousa

**Tidbits** 

We converted our Facebook page to a Group so *everyone can have fun posting photos of events and use it as another communications tool.* It's also open to the public so they can see our fun photos. We hope this will attract new members. (Note: Only approved members can post on our group page). If anyone makes a post that is not ski-related then the admin can remove them!

### This is how you can post to our Facebook page.

1. Open a personal Facebook account.

2. Go to Facebook.com groups Bay Area Waterski Club <a href="https://www.facebook.com/groups/717319205056101/">https://www.facebook.com/groups/717319205056101/</a>

To find our group, type Bay Area Waterski Club on the search line (see top of your personal Facebook page). When you find our group then "**Join**" this group (admin must approve you, it might take a few days).

3. Now you can have fun posting event photos, events, boats & equipment for sale, etc.

4. If you have a smart phone you can send photos from your phone directly to Facebook. Because there are many phones I cannot tell you how to use your phone here.

5. To post on our Facebook group see **top of the Facebook page** see where it says "Write Something." This is where you type your message. Above it you will see the button for photos/videos and events. The main thing to remember is you will have two accounts:

1. Your personal Facebook account and

2. You will also have an account with our BAWSC Group.

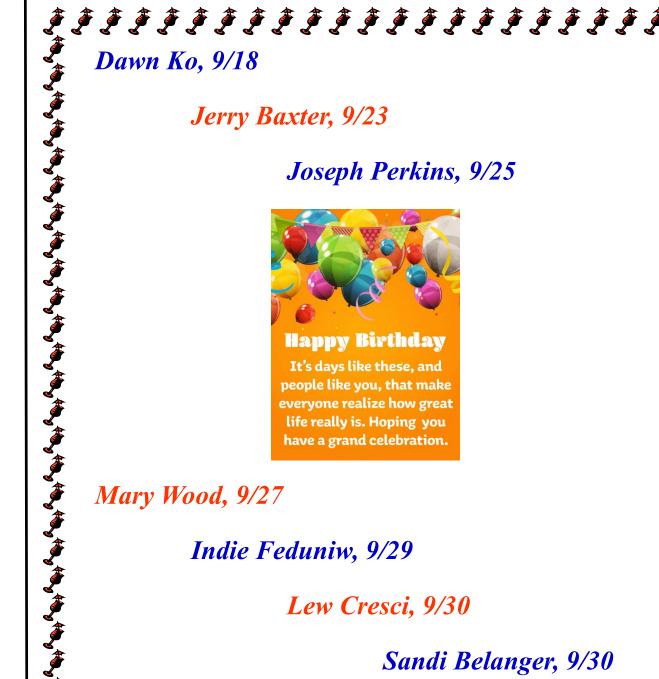
When you post on our BAWSC group page it will appear on **your** personal Facebook wall (**Note:** your friends will **not** see these post). If you want to share any of these posts with family or friends, click "Like" (see below each post). When you click "Like," the post will appear on **all** your friends' personal Facebook page. If you click "Share" you can select **one** person to send the post to (instead of **all** your friends).

## This is a great tool for sharing and for finding new members!

# Blowing Out the Candles in . . .



Wishing all a very



**Happy Birthday** 

It's days like these, and people like you, that make everyone realize how great life really is. Hoping you have a grand celebration.

Mary Wood, 9/27

Indie Feduniw, 9/29

Lew Cresci, 9/30

Sandi Belanger, 9/30

# 2021 BAWSC Calendar of Events

Dates/Locations subject to change

### \*Member-only Events

Start Date	End Date	Event name	Location	Event Chair	Co-Chair
Thurs 05/20	Thurs 05/20	Virtual Season Opener, Lunch & General Meeting	Zoom	Larry Ligon	Mark Frazier
Sat 06/12	Sat 06/12	Water Ski Skill-Building Day	Holland Marina Riverside	Chris Feduniw	Jerry Baxter
S <mark>at 06/26</mark>	Sat 06/26	Wakeboarding/Wakesurfing Skill-Building Day - Cancelled	Orwood Resort	Lynette Wong	Dawn Ko
Wed 07/17	Sat 07/17	Water Sports Day	Orwood Resort	Eric Johnson	Darcy Murray
S <mark>at 08/08</mark>	Sat 08/08	Watersports Day	Orwood Resort	Dawn Ko	Karl Smith
Sat 08/14	Sat 08/14	Watersports Day	Orwood Resort	Lynette Wong	Tracy Fallon
Fri 08/27	Sun 08/29	CA ProAm Slalom Ski Tournament <b>(not a BAWSC event)</b>	Short Line Ski Lake, Elk Grove, CA		
S <mark>at 09/17</mark>	Sat 09/17	Watersports Day	Discovery Bay Marina	Larry Ligon	Gwen Cauthren
Fri 09/24	Sun 09/26	Watersports Weekend	Casa Copperopolis	Jerry Baxter	
Sun 10/03	Sun 10/03	Last Watersports Day	Holland Marina Riverside	Chris Feduniw	Lynette Wong
Sat 12/4	Sat 12/4	* Holiday Party/Volunteer Appreciation Awards	Feduniw home, Livermore	Lynette Wong	Chris Feduniw

## **BAWSC On-line Membership Application**

By Larry Ligon

If you need help you may click on "Help/FAQ, How To's, Member/Non-member Subscription & Forms" in the lower left hand corner of the navigation bar on the Web site's Home Page or don't hesitate to contact our membership chair Gwen Cauthren at 707-322-1157 or e-mail at gwen\_cauthren@sbcglobal.net or our webmaster Chris Feduniw at 925-413-3421 for assistance.

-The BAWSC website address is: www.bawsc.org

-Your **user-id** for the website is always your e-mail address.

#### **<u>Step 1.</u>** Create or reset your password:

A) Go to the new website <u>www.bawsc.org</u> & click on the "Forgot Password" link in the upper right hand corner of the home page and enter your e-mail address in the "e-mail (user-id)" field and then the six digit anti -spam characters into the "code" field and finally click on the "Submit" button which will then send an e-mail to that address with a link to create or reset your password.

B) Open the e-mail and click on the e-mail link and enter & confirm your chosen password then click "Submit".

(Note: The first time you actually log into the new site you will be asked by Wild Apricot to accept their use policy.)

### <u>Step 2.</u> Initiate your new-member on-line application:

Note: BAWSC offers members the option to include one significant other as a co-member under one membership fee called a "Membership Bundle\*". Dependents under 12 years of age can also be added to your membership at no additional cost. Dependents aged 12-18 can be added to your membership for a small additional fee each year. Children over 18 and not living at home will have their own unique membership.

A) Click on the "**Become A BAWSC Member** (New <u>member application</u> Only)" link found in the left hand navigation bar on the web site home page <u>www.bawsc.org</u>.

B) Fill-out the requested information for yourself

*Note: If you will be adding a co-member/membership bundle to your account you will do this after you initiate the membership application and your account has been activated.*\*

C) Make sure you click on the "<u>I ACCEPT I HAVE READ THE WAIVER AND RELEASE</u>" link to read the club waiver and then click on the check box to accept.

D) If you will be adding dependents to your account beyond a single co-member, you will enter them in the "Additional Information" area of the Membership form. For each dependent you have between 12 to 18 please check the box for each person. If you have any dependents under 12 you want to associate with your membership enter the total number of children under 12 in the "Number of Children Under 12" field.

## **BAWSC On-line Membership Application (con't)**

By Larry Ligon

E) If you are a **boat owner**, please enter in the information requested for your boat and **send proof of insurance** as requested on the form to the Membership Chair.

F) Enter what water-sports you and your dependents participate in.

G) Click "Next" to review your completed membership form and Total Membership Fees that will be owed.

H) If everything looks correct, click on the "**Confirm and Proceed with Payment**" button to initiate your registration. *This step will automatically send a confirmation e-mail titled "Membership initiated at Bay Area Water Ski Club" to you*.

I) Check your e-mail for that confirmation that your account has been successfully initiated and an invoice with instructions how to submit your membership dues payment.

<u>Step 3.</u> Send your membership dues to the Membership Chair (*payable to BAWSC*):

To: BAWSC c/o Gwen Cauthren 4835 Cottsberry Ct. Santa Rosa, Ca. 95405

<u>Step 4.</u> Complete your membership application/setup (*ONLY after receipt of dues payment*):

Once your membership dues have been received, you will get an e-mail confirmation from the BAWSC Membership Chair verifying your account is active, at which time you can then complete your membership application & setup by choosing your **privacy** and **e-mail subscriptions** an well as set-up yourself as a Bundle Administrator to **add a co-member** to your account bundle.

A) Log onto the web site with your e-mail (user-id) and password. www.bawsc.org

B) Click "View Profile" in the upper right hand corner of the home page.

C) Click "Edit profile"

D) Review and modify your **privacy settings**, click "**Privacy**" and edit any field you don't want visi ble to other BAWSC members and then click "**Save**".

E) **To insure you are subscribed** to receive e-mail notifications from the *forum based message boards* when someone posts they are looking for a pull, crew, etc.

a) Click on "Members Only Content" link found on the left hand navigation bar

b) Click on "<u>Member Forums</u>"

BAWSC On-line Membership Application (con't)

By Larry Ligon

c) In the **Message Board** forums' section, individually click on each forum you want to re ceive e-mail (e.g. –"Looking for a Car Pool, Crew or a Pull") *and individually* click on each forum's "**Subscribe to Forum**" link.

d) Then go back to the **Home Page** and click on "**View Profile**" again, click "**Edit pro file**" and click "**e-mail subscriptions**" and adjust how you want to receive e-mails; *immediately, daily or weekly* when someone posts to the forum. The default is daily. **CLICK "Save**" at the very bottom of the "**Edit Profile**" page and you are done.

### F) Setup a Co-Member Bundle\*

Each paid member is allowed to add a spouse/significant other to their account as a "Bundled" co-member. The following steps can be performed to add another person to your account once your membership fee has been received and your account has been activated by the Membership Chair.

a) Log into the web site with your e-mail (user-id) and password. www.bawsc.org

b) Click on the "View Profile" button found in the upper right hand corner of the home pagec) In the "My profile" screen scroll down to the "Bundle summary" section and then click"Add member"

d) You will then be presented with the membership application page where you will then fill out the form on behalf of your co-member.

e) Click "SAVE" and the co-member will be added to your account and they will receive their user-id (their e-mail address) and password setup link at the e-mail address you entered on the form. You will become the "Bundle Administrator\*" for your bundled co-member.

### **CONGRATULATIONS, YOU HAVE COMPLETED YOUR BAWSC MEMBERSHIP APPLICATION AND SETUP**. We look forward to you joining us at BAWSC Events.

Note: If you receive an error message when clicking "SAVE" that states "This e-mail is already in use" you will then need to contact the BAWSC Membership Chair listed on the <u>Contacts</u> Page to manually associate that e-mail address with your account as Wild Apricot currently does not allow a member to add an existing Contact or Member to their bundle themselves. A member can only add a new Contact or new Member to their account themselves.

\*The way Wild Apricot handles multiple people under one membership is called a <u>Membership Bundle</u>. A membership bundle is a group of members who are linked together and managed by one of their members – the bundle administrator. Bundle members share the same renewal date, status, and membership level. You can learn more about bundles including a short, how-to video at: <u>http://help.wildapricot.com/display/DOC/Membership+bundles</u>